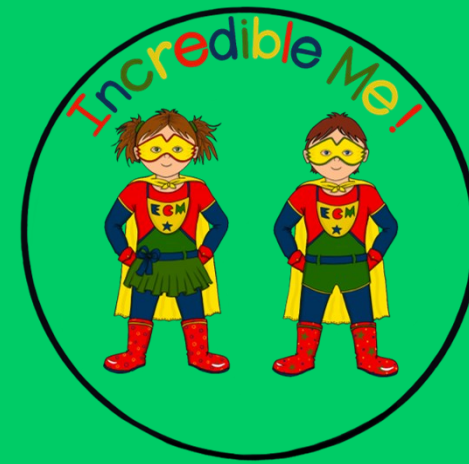


How long will be child access Incredible Me?

This will be different for every child, but your child will continue to receive intervention until they are working at the stage appropriate for their age. This may include individual and small group intervention.

When your child moves to a different stage, you will be provided with a new leaflet, like this one, with details of what they will be working on.

If you would like any further information, please speak to your child's class teacher.



What is Incredible Me?

Incredible Me is a new wellbeing system that has been especially designed by the schools in the ECM academy trust.

It is a whole school system focused around creating effective opportunities for the development of resilience, independence and self-esteem.

Incredible me identifies age appropriate skills or 'superpowers' that we would like children to develop during their time at school and provides classroom based staff with a bank of activity ideas to equip all children with the 'superpowers' they will need as they progress.

Children throughout school are assessed and areas where support is needed identified. Whole class lessons, small group work and individual sessions are planned as a result of these assessments.

*You have been provided with this leaflet as your child is currently accessing **Incredible Me** intervention.*



What does my child need to work on?



Your child has been assessed and is currently working at Stage 4 'I am Me'.

When they have completed this stage, they will be able to do the following;

<i>I can be confident in a range of situations</i>
<i>I can talk about what it means to be me</i>
<i>I can tell you my likes and dislikes</i>
<i>I can tell you how I am different to others</i>
<i>I can tell you about my friends and family</i>
<i>I can tell you what I am good at and what I need help with</i>
<i>I can be imaginative</i>
<i>I can pay attention to a task</i>
<i>I can be creative</i>
<i>I can identify ways to look after myself</i>
<i>I can express my ideas through role play</i>
<i>I can understand the difference between real situations and stories/play</i>
<i>I can ask questions and listen to facts to find out about the world around me</i>
<i>I can choose the things I need to complete a task well</i>

Your child may already be able to do some of these things, but we recommend that they are able to do at least 12 / 15 consistently before moving on to the next stage.

What will my child do in their Incredible Me sessions?

The sessions will be fun, interactive and linked carefully with your child's needs and interests. Regular assessments will be completed to ensure the sessions are effective and that your child is making progress in relation to their wellbeing.

At 'I am Me', some of the activities may include...

Games such as Dobble, Connect 4, Uno	Exploring likes and dislikes through games
I am and I can...	Mindfulness activities
Creating a bravery lion	Investigating unfamiliar items
Super-fantastic Me (You as a superhero)	Packing a bag for an adventure
Creating a friendship portrait	Puppet show
Family tree	Lego challenge
Junk modelling	Role play

