At School or at Home: Role Models Task (and Competition!)
#SeeSportyBeSporty

Totally Runable work with schools to help measure and close the Gender Sport Gap. They have challenged our pupils to do some research and make a poster about their favourite female sporting role model.

Role Models are very important in sport and in the rest of our lives. They can inspire us and show us what is possible. It is important for girls AND boys to have role models who are female, but especially for girls, because "if you can't see it, you can't be it!"

Answer the following questions, then ask your parent or guardian to upload a photo of your poster to social media using the hashtag #SeeSportyBeSporty so Totally Runable see it. If they would like to support the Role Models Posters campaign on Kickstarter, they can also go to; **www.kickstarter.com/projects/totallyrunable/seesportybesporty-role-models-posters-of-girls**

Enter the competition by emailing your child's entry to nat@totallyrunable.com with their name, class and school. The best entry will WIN a FREE online Q&A session for their class with Olympian, European and World Medallist, Jenny Meadows, who is part of the Totally Runable Team.

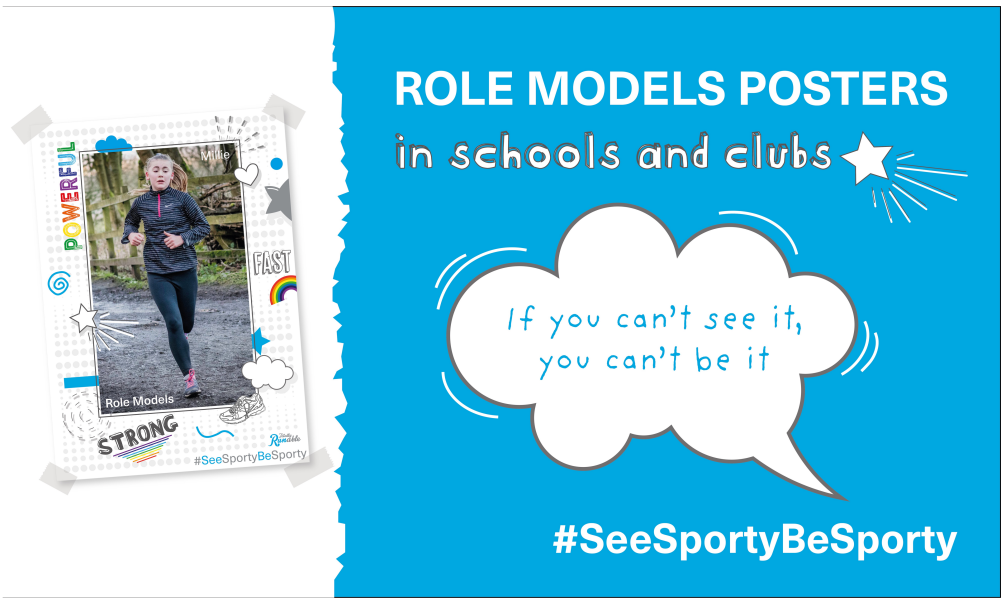
1. **What is a role model?**
   A role model is ……

2. **Who is your female sporting role model?**
   My role model is ……

3. **Why is she your role model?**
   She is my role model because ……

Competition: Create your own poster showing what inspires you about your role model. You might want to use our poster design below to give you some ideas.

Challenge: Can you share this somewhere that will inspire other people too?



Our example answer to Q1: "What is a role model?" *A role model is someone who inspires others. They are a good example of values, attitudes or behaviours. A role model is someone other people admire and want to be like.*