



## **Wombwell Park Street Primary School**

### **Whole School Food Policy**

#### **Aims**

This policy aims to ensure that all aspects of food and nutrition in school promote health and well-being of pupils, staff and visitors to our school. The Governing Body and Leadership Team recognise its responsibility for setting a strategic framework for the school's food policy and for monitoring its implementation. In the past as part of the curriculum and to improve the well-being of our children, we have incorporated:

- Provision of water containers and fresh water supplies for children
- Promoting the importance of nutrition in and outside of formal lessons
- Encouraging healthy eating through the formal curriculum.

We are now taking the work already done on food in our school a stage further by introducing this policy which will cover the following:

- Non-school packed lunches
- Cooking as part of the curriculum and during enrichment opportunities

#### **Current Activity**

##### ***The Formal Curriculum***

The school will include, as it has in the past and will continue to include, work associated with healthy balanced diets in its curriculum. Through the schemes of work for science, D.T. and PSHCE, the children will be taught for example;

- The components of a healthy diet
- The importance of healthy eating both now and in the future

##### ***School Meals***

The school meals provider (ISS) follows the Government's guide to food-based standards for school lunches (2007) and is fully compliant with all legislation regarding food in school.

The school will provide guidance to children, parents and carers on healthy foods that should be provided in lunchboxes. The school provides ambient storage facilities for lunchboxes but cannot take legal responsibility for foods prepared at home and then brought into school.

In addition, the school requests that parents do not include the following items in packed lunchboxes:

- Sweets and chocolate
- All drinks other than water and fresh fruit juice
- Nuts of any description due to allergies

Parents who have difficulty following these guidelines are requested to contact the school. Additional support and guidance will be provided by the school nursing team.

##### ***Eating and dining room environment***

The school will provide a safe and healthy eating environment indoors for children to eat their lunch. In doing so, the school requests children adhere to the following rules:

- All children are required to sit on a chair, at a table to eat their lunch
- Children are required to eat all or try to eat most of the food provided
- All litter from lunchboxes must be taken home
- Lunchtime supervisors will help any children who have concerns or cause concern during mealtime

- Children are expected to behave whilst eating their lunches, and keep the Golden Rules as expected elsewhere in school
- Caterers and supervisory assistants should thank children for using the facilities, as children should thank them for their help and assistance
- Children leave the area where they have eaten their lunch in a reasonably clean and tidy condition
- The school will reward pupils for good meal time etiquette, table manners and good behaviour.

### ***Promotion of healthier food and drink options***

In line with the school fruit and vegetable scheme the school provides all children in Foundation stage and Key stage 1 with a piece of fruit or vegetable each day.

The school follows the Government's food-based standards for food and drink other than school lunches.

Each child is required to bring a water bottle to use in school and replacements are available from the main school Office.

Children are encouraged to drink water regularly and are given the opportunity to refill their bottles throughout the day.

The school's Kidz Club provision (after school paid provision) also provide healthy options for snack and tea and the children are encouraged to sit together and use good meal time etiquette.

### **Guidelines**

***Food Handling:*** Provide CPD training in basic food hygiene for PSHE and DT subject leaders in addition to Foundation Stage and any other staff as appropriate.

***Healthy Lunchboxes:*** Provide healthy lunchbox training for parents (PSA and school nurse) and for children through PHSE lessons. Promote healthy lunchbox options during health and sports week. Place healthier lunchbox information in school newspaper/ newsletter/ school website.

### **Monitoring and evaluation**

***Food handling:*** The relevant staff are trained and hold basic food hygiene certificates.

***Healthy Lunchboxes:*** The content of lunchboxes is continually monitored. Children and parents are better informed of healthy lunchbox options and proportion of healthy content in lunchboxes increases.

<b>Chair of Governors</b>	E. Oliver
<b>Headteacher</b>	C.Lawson
<b>Date</b>	07.07.22